



Kingsmead School



A PARTNER ACADEMY IN JOHN TAYLOR MAT

Head of School: Mrs M Mincher, Bsc, NPQH

RESILIENT



INNOVATIVE



MINDFUL



EMPLOYABLE



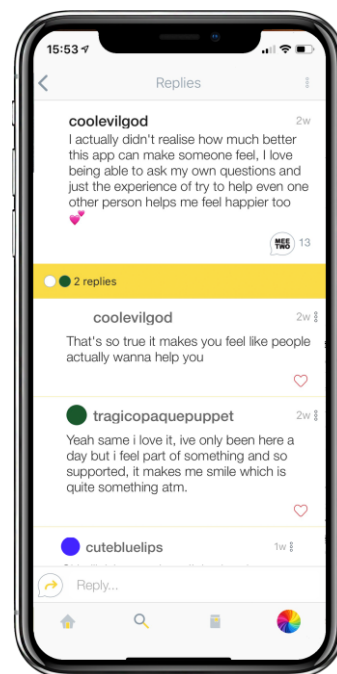
MeeToo Education Ltd
The Health Foundry
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London
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Dear PARENT

One of the best ways for a young person to improve their wellbeing is to share how they are feeling. Our multi-award winning [MeeToo](#) app makes it easy to talk about difficult things, and to get support. We are delighted to be partnering with Kingsmead school to share our expertise and provide additional support for students outside of school.

The [MeeToo](#) app gives young people the tools to help themselves, and each other. It's designed to facilitate peer support which enables young people who share similar life experiences to provide each other with reciprocal support, advice, empathy and a sense of belonging. MeeToo is confidential and anonymous which gives young people the confidence to talk about whatever is worrying them. The app is safe because all posts and replies are checked by human moderators before they go live, and in-house counsellors provide extra support if needed. The in-app directory is packed with useful resources. It enables students to connect directly to support services available in the local area.

"I actually didn't realise how much better this app can make someone feel. I love being able to ask my own questions and just the experience of trying to help even one other person helps me to feel happier too" **MeeToo User**



We encourage you to ask your child if they know about the app and to add the Kingsmead school portal. MeeToo is featured on the NHS Apps Library and can be downloaded from [Google Play](#) and [Apple App Store](#). For more information about how we keep your child safe, our approach to confidentiality, or any other questions please visit <https://www.meetoo.help/safeguarding>.

Yours sincerely,
Kerstyn Comley
Co-CEO
MeeToo



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