



## TIPS TO HELP CHILDREN STAY SAFE ON SOCIAL MEDIA

- Remind your child to only accept or talk to people that they know online.
- Do not give away person information e.g., what school they go to.
- Set profiles to private to limit what others can see.
- Think about what you share and with who- once you've shared an image, you have no control over what the other person does with it.
- Be mindful of your digital footprint- what you post online could come back late in life.
- If you see something upsetting or harmful- report it.
- When Don't assume that everything you see is a true-to-life representation.
- Watch out for hoaxes and scams- they may ask you for payment details or passwords.

## PARENTAL CONTROLS



Parental controls allow you to block and filter upsetting or inappropriate content. They work across your WiFi, phone network, individual apps and devices.

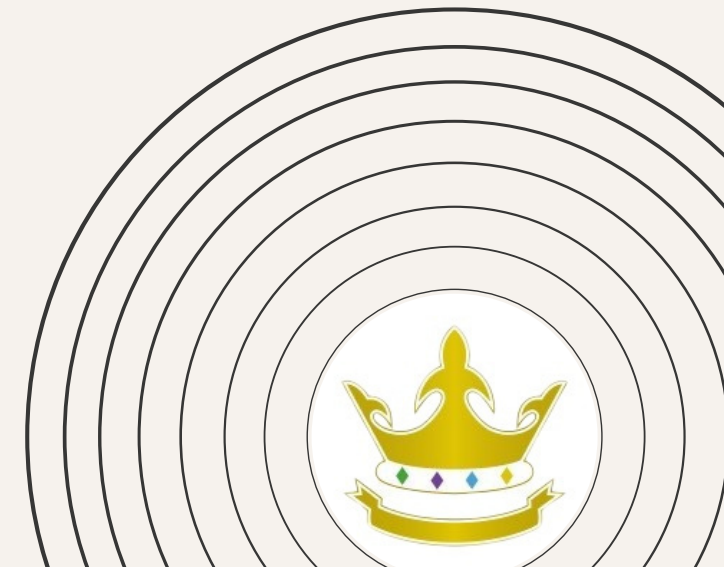
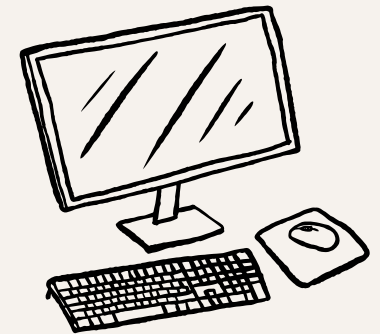
Plan what time of day your child can go online and how long for

Create content filters to block apps that may have inappropriate content

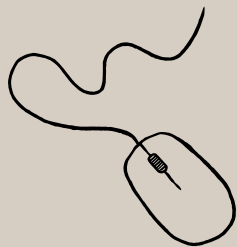
Manage the content different family members can see.



# Online SAFETY



# FURTHER SUPPORT



Cyberbullying

False information

Malware (harmful software)

Identity theft

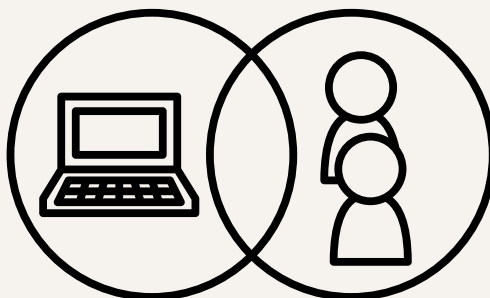
## WHAT ARE THE RISKS ONLINE?

Sexual content

Scams/ Phishing

Dangerous online challenges

Strangers/ grooming



## HOW TO MANAGE YOUR CHILD'S ONLINE SAFETY



- **Have regular conversations** - ask them what they're doing online to help them feel comfortable coming to you if they get into trouble.
- **Set boundaries**- decide when devices can be used and for how long. Decide which sites and apps are appropriate for them to use.
- **Set up safety settings and controls**- these could be done through parental controls
- **Explore together**- when they want to use a new game or app, see if there are online safety issues that may come up.
- **Teach them about safety features**- teach your child how to report, block and use other features.