

Period Poverty



Kingsmead School

RESILIENT  INNOVATIVE  MINDFUL  EMPLOYABLE 

- Period poverty' means being unable to access sanitary products and having a poor knowledge of menstruation often due to financial constraints.
- In the UK, 1 in 10 girls can't afford to buy menstrual products, while 1 in 7 have struggled to afford them, according to a representative survey of 1,000 girls and young women aged 14-21 by Plan International UK.
- In March 2017, Freedom4Girls found that students in the UK are missing school because of Period poverty.



Period poverty is a challenge too many girls face when they should be concentrating on their schoolwork instead - 40% of girls in the UK have used toilet roll because they couldn't afford menstrual products and 68% said they felt less able to pay attention in class at school or college while menstruating. (bodyform uk)



- Each girls bathroom and the unisex bathroom will have a basket that will be replenished regularly of a range of sanitary products.
- You are welcome to help yourself if you ever need it.
- Please respect these baskets to ensure that you ALL have access.

- Please let Mrs Frazer know how we can make improvements to ensure your menstrual wellbeing is looked after.
- Email me or pop along to B02 for a chat.

