



Kingsmead School



A PARTNER ACADEMY IN JOHN TAYLOR MAT

Headteacher: Mrs M Mincher, Bsc, NPQH

RESILIENT



INNOVATIVE



MINDFUL



EMPLOYABLE



Dear Parents and Carers,

As a part of your child's education at Kingsmead, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

Over the course of Key Stage 4 the RSE lessons in Year 11 will include teaching about; healthy relationships, including friendships and intimate relationships; knowing when they are ready to take a relationship further and staying safe within these relationships, including STI's, domestic abuse and "reality versus pornographic" material.

I am writing to let you know that week beginning Monday, 4th December 2023, your child will be taking part in a specially designed session, which will focus on the relationships and sex education (RSE) aspect of this programme.

We will discuss themes such as pleasure and masturbation, linking with the importance of understanding our own bodies and recognizing changes that could be more sinister if not checked. The importance of consent when taking relationships further will be highlighted throughout the session and beyond. Students will explore the wide range of contraception that is available and where these can be obtained, either over-the-counter or via a GP. Pupils will also have opportunities to ask questions that help prepare them for relationships of all kinds in the modern world.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. Please visit the school's website: <https://www.kingsmeadschool.net/home/learning/personal-development/> for more detail about our PSHE curriculum. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

The materials given to students will be available for you to view to enable you to support your child to discuss these topics at home. As a school community, we are committed to working in partnership with parents.

Q: Do I have a right to withdraw my child from Relationships and Sex Education?

A: Parents will continue to have a right to request to withdraw their child from sex education delivered as part of RSE in secondary schools which, unless there are exceptional circumstances, should be granted up to three terms before their child turns 16. At this point, if the child themselves wishes to receive sex education rather than be withdrawn, the school should make arrangements for this to happen in one of the three terms before the child turns 16 - the legal age of sexual consent.

If you would like to find out more or discuss any concerns, please do not hesitate to get in touch using the email below.

Yours faithfully,

Mrs. C. Frazer

Assistant Senior Lead of Personal Development

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