

SERVICES IN YOUR AREA

Action for Children

ACTION FOR CHILDREN

- www.staffordshire-ewb.actionforchildren.org.uk/
- 01782 977877
- StaffordshireEWB@actionforchildren.org.uk
- Self referral available via website

Emotional health and wellbeing support for children and young people aged 5-18 OR aged up to 25 years, if they are in care or have an Education and Health Care Plan (EHCP) who live in Staffordshire or registered with a Staffordshire GP.

STAFFORDSHIRE FAMILY SUPPORT AND OUTREACH SERVICE



Building stronger families

- 01785 558 172
- Staffordshire@family-action.org.uk

They provide emotional, practical and financial support to help children, young people and their families through referral based family support, targeted outreach visits and support to access community support, groups, universal offers and entitlements.

MALACHI

- www.malachi.org.uk
- 01214444556
- Staffordshire@malachi.org.uk

Malachi

Malachi are a not for profit organisation who deliver direct support to families across the

Midlands and Staffordshire. They work with parents/carers through family support and one to one group work with young people to raise awareness of bonding, attachment and emotional literacy to create lasting change within a family.

harvey girls

FAMILY SUPPORT BY HARVEY GIRLS

- www.eaststaffordshirefamilysupport.co.uk
 - 01283533449
 - Support@harveygirls.co.uk
 - Self referral available via website
- Service offered to Children under the age of 19 and their families in Burton-Upon-Trent.

YOUNG MINDS

- www.youngminds.org.uk
- 0808 802 5544
- Self referral available via website

YOUNG MINDS

fighting for young people's mental health

UK's leading charity for children and young people's mental health. Online resources and Crisis Messenger for free 24/7 support across the UK if young people are experiencing a mental health crisis.



NEW ERA

- www.new-era.uk
- 0300 303 3778
- new-era@victimsupport.c.jsm.net

A Specialist service to support children who have been involved in domestic violence operating across Staffordshire and Stoke-on-Trent.

T3 STARS

- www.stafftreatmentandrecovery.co.uk/how-we-help/t3-stars-young-peoples-service/
- 01785 241393
- t3stars.stafford@humankindcharity.org.uk
- Self referral available via website

stars

Staffordshire Treatment and Recovery Service
Aims to help young people make informed choices about their alcohol and drug use, and to raise awareness of all the risks involved across Staffordshire. This includes providing high quality and responsive support and assistance to parents and carers, schools, colleges, statutory services and other young person's services.



GENDER IDENTITY DEVELOPMENT SERVICE (GIDS) AT TAVISTOCK AND PORTMAN NHS TRUST

The Gender Identity Development Service (GIDS) is for children and young people, and their families, who experience difficulties in the development of their gender identity. It's a national specialised service, based in London and Leeds, and is the only one of its kind in Great Britain.

- www.gids.nhs.uk
- 020 8938 2030/1
- gids@tavi-port.nhs.uk

GENDER IDENTITY RESEARCH AND EDUCATION SOCIETY (GIRES)



- www.gires.org.uk/
- GIRES is a UK wide organisation whose purpose is to improve the lives of trans and gender diverse people of all ages, including those who are non-binary and non-gender. GIRES have a helpline number and also a plethora of information on their website including e-learning resources.



SAVANA

- www.savana.org.uk
- 01782 433204
- info@savana.org.uk

Savana provide free counselling and support services for anyone from the age of 4 who have been affected by sexual violence and abuse in North Staffordshire.



Midlands Partnership
NHS Foundation Trust
A Keele University Teaching Trust

YOUNG PEOPLE'S

MENTAL HEALTH

CRISIS SUPPORT

& SIGNPOSTING

External Services

SERVICES IN YOUR AREA

FAMILIES HEALTH AND WELLBEING 0-19 SERVICE

www.mpft.nhs.uk/services/health-visiting-and-school-nursing/information-professionals/families-health-and-wellbeing-0-19-service

☎ 0300 303 3924

✉ FHWS.west@mpft.nhs.uk

✉ FHWS.east@mpft.nhs.uk

👤 Self referral available via website

Integrated Health Visiting and School Nursing service for Staffordshire. Families requiring extra support will have a named Health Visitor or School Nurse from the strengthening families team.



EARLY HELP

<https://www.staffordshire.gov.uk>

☎ 0800 1313126

Early Help are a single point of contact for accessing services. They aim to meet the needs of children and families as early as possible to prevent them from getting worse.

WOMEN'S AID

<http://www.staffordshirewomensaid.org>

☎ 03003305959

✉ enquiries@staffordshirewomensaid.org



Staffordshire Women's Aid

Together Against Domestic Violence Since 1976

We provide practical and emotional support to people who have been impacted by any form of sexual abuse. We offer refuge to women and children experiencing domestic and sexual abuse and also support men when required. We aim to educate, train and raise awareness.

CATCH 22

catch 22

22

Staffordshire LYB

www.catch-22.org.uk/services/stoke-staffordshire-cse-missing

☎ 01782 237106

✉ StokeandStaffs@catch-22.org.uk

Work with children and young people who have gone missing from home or care, or who are at risk of Child Sexual Exploitation (CSE) or Child Criminal Exploitation (CCE).

SCHOOL-BASED COUNSELLING

Working with children in school to support with social, emotional and mental health needs. This varies depending on individual education providers.



STAFFORDSHIRE SPECIAL NEEDS SCHOOL NURSING SERVICE



Staffordshire County Council

<https://www.mpft.nhs.uk/services/special-school-nursing-staffordshire>

✉ specialschools.staffs@nhs.net

We aim to support children and young people in their school environment, who attend Special Schools, enabling them to play a full and active role in their school life, remain healthy and achieve their academic potential.

Our service is available to all children, young people and families attending a Staffordshire local authority Special School (excluding Stoke-on-Trent).



THE SLEEP CHARITY

www.thesleepcharity.org.uk

☎ 01902 751 416

✉ info@thesleepcharity.org.uk

We campaign to improve sleep support and access to high quality information, raise awareness of the value of a good night's sleep and promote understanding around the complexities of sleep.

STAFFORDSHIRE TOGETHER FOR CARERS SERVICE



Staffordshire Together for Carers Service

www.n-compass.org.uk/our-services/carers/staffordshire-together-for-carers-service

☎ 0300 303 0621

✉ enquiries@staffordshiretogetherforcarers.org.uk

We provide information, advice and a wide range of specialist support services designed to help adult and young carers continue in their caring role for as long as they choose and reduce the impact the caring role can have on their own health and wellbeing. Online chat available.



NATIONAL BULLYING HELPLINE

NATIONAL BULLYING HELPLINE

www.nationalbullyinghelpline.co.uk

☎ 08452255787

👤 Helpline 0300 3230169

Help and advice covering bullying in the workplace, school and online harassment.

CHILDLINE UK

www.childline.org.uk

☎ 0800 1111

👤 Live chat available on the website

Support for various areas including Bullying, Abuse, Safety and the law, you and your body, Friends, relationships and sex, Home and families, school and college/work and feelings.



YOUTH OFFENDING TEAM

www.staffordshire.gov.uk/Care-for-children-and-families/Youthoffending/Projects/Overview.aspx

☎ 01785 277 022

✉ staffordshire-yot-west@staffordshire.gov.uk

Staffordshire Youth Offending Services offers many services to Parents/Carers and Young People to support them in often very difficult times.



Staffordshire County Council



REBUILDING LIVES TOGETHER

www.childbereavementuk.org

☎ 0300 303 3924

✉ support@childbereavementuk.org

👤 Live chat available via website

CHILD BEREAVEMENT UK

Child Bereavement UK helps children, parents and families to rebuild their lives when a child grieves or when a child dies. We support children and young people up to the age of 25 who are facing bereavement, and anyone impacted by the death of a child of any age.

SENDIASS

www.staffs-iass.org

☎ 01785 356 921

✉ sfps@staffordshire.gov.uk

Staffordshire's Special Educational Needs and Disabilities Information, Advice and Support Service they provide free, impartial, confidential advice and support around Education, Health and Social Care.

SENDIASS

Staffordshire Family Partnership



MERMAIDS

mermaidsuk.org.uk

☎ 08088010400

✉ text MERMAIDS to 85258

👤 Live chat available via website

✉ info@mermaidsuk.org.uk

Mermaids supports transgender, nonbinary and gender-diverse children and young people, as well as their families and professionals involved in their care. We also currently offer web chat support to students up to the age of 25.

STAFFORDSHIRE CHILDREN ADVICE AND SUPPORT SERVICE

www.staffordshire.gov.uk/Care-for-children-and-families/Childprotection/First-Response.aspx

☎ 0300 111 8007

Platform to raise safeguarding concerns for 0-19 across Staffordshire this is provided by the legal authority.

BEACON BY BARNARDO'S

Barnardo's Beacon Project is here to support young people who have been sexually abused. We work with young people, their parents/carers and a wide range of professionals to help young people cope and recover from sexual abuse.



www.barnardosbeacon.org.uk ☎ 01984 441722 ✉ barnardosbeacon@barnardos.org.uk